

# Survival Guide for Traveling with Small Children



Traveling is our passion, doing it safely is our goal!

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#### **FOREWORD**

At Travel-Tot we say, "We go, so we know!" And we know that sometimes the hardest part of getting started is knowing where to begin. Travel-Tot's Survival Guide to traveling with Babies and Toddlers was designed to help take the guess work out of preparing for your child's first adventures away from home.

After reading this, our goal is that you will feel prepared to meet every challenge thrown your way so that you and your family can enjoy your trip to the fullest.

We have developed resources including checklists, ideas and precautions so you have all the benefits of a seasoned family traveler.

We hope you enjoy your trip, that your luggage will be light and you will have everything you need in your "bag of tricks" to relax and keep you and your little traveler smiling.

Safe Travels!

Wendy Bergstrand, COO, Travel-Tot.LLC



#### INTRODUCTION

You've picked the location and booked your family's vacation. Now what?!? As parents who have done what you are about to do, we know that these are the trips that you will always remember, for better or for worse. With a little advice and some extra planning, we hope your vacation will be wonderful and that you will always remember it fondly!

#### **GETTING READY**

# Preparing Your Little Traveler!

Travel can be exciting, and sharing the adventure with your child(ren) can make it that much more fun! But while adults generally have some idea of what will happen on a journey, to many young children travel may be a bit scary. Preparing young travelers for an upcoming adventure can go a long way toward helping them get excited for the trip and let everyone relax and enjoy the experience!

Air, water, or rail travel can be unnerving to a child who has never experienced the sounds, vibrations, and motions that adults can take for granted. Take some time to show your child a model (or the real thing if it is locally available for viewing) of whatever mode of transportation you will be using. Discuss what they can expect; keeping things simple and offering them reassurance that you will be with them at all times will help them feel safe.

A few weeks before you hit the road, try to get your little adventurers excited about the place you're going to visit. Check out documentaries, maps, books, newspapers, folk tales, advertisements, music; whatever is appropriate. Try not to make it seem like a chore, but rather a journey of it's own that will give them a chance to determine what they'd like to see or do when they actually arrive!

Picture books or videos can offer a world of information about your vacation destination, as can magazine or Internet photos of local



sights they may see! If your children are old enough you can even make a game of looking at the images - asking questions such as "what do you think you can hear (or see or smell) from this spot?" If you can acquire images of actual places you are visiting, it can be great fun to bring them and try to find the exact spot to experience it as a family!

Finally, the journey doesn't have to end when the trip comes to an end - memories and impressions from the adventure can last a lifetime! Encourage older children to keep or create a travel journal chronicling their impressions of the places they visited - it doesn't have to be more than a sentence here or there, just something that will remind them of what they saw and experienced. Young children can do likewise by capturing a favorite spot or activity in a drawing!

A little planning can truly make a big difference when it comes to traveling with children. The few extra minutes you devote to introducing them to what they will be experiencing can help prevent meltdowns, panic, and worry, and the time spent exploring your vacation destination beforehand can enrich the exploration upon arrival!

# Strategies and Tips

Making a list will save you a lot of frustration and time. You'll want to pack to address everything from your child's health, to his or her day-to-day needs in terms of feedings, elimination, entertainment, safety, and comfort. Much of what you will need to pack will be determined by your destination, but the goal is to pack as efficiently as possible, minimizing the amount of unnecessary gear you bring along. In addition, you will need to address some basic health and safety precautions before you set out on your adventure.

There are numerous sites and apps that can provide help in constructing your packing lists (see below). While an independent review of three packing-list apps offers a mixed opinion; it's worth weighing the reviewer's pros and cons for yourself!



www.rememberthemilk.com

www.Tadalist.com

www.Toodledo.com

www.voo2do.com

www.quinnscape.com/PackingPro.asp

# Scheduling

Scheduling your journey during your child's nap or bedtime is a great idea - after all, the more time your child spends sleeping during the journey, the less time you will need to occupy with play or other distractions! Just remember to bring along comfortable pajamas, books, or anything else that is a part of your usual routine.

Don't fight their natural home routine, try to go with it!

#### Details

If you are traveling with an infant, it is important to check with your pediatrician to be sure your child has had all necessary inoculations. Babies do not have fully formed immune systems and are far more susceptible to contracting illnesses than adults. In addition, it is always a good idea to pack any medications your child may require in a bag that will be easily accessible during the journey. A carry-on or diaper bag is a good choice; beware though, if you are flying you will need to familiarize yourself with the limits regarding how much liquid you may carry on with you.

Two fantastic items for new nursing moms-on-the-go are the <u>Baby</u>
<u>Hobo by Warm Milk</u> (converts into a nursing pillow) and <u>nursing covers</u>
from Bebe au Lait.



Also, a tip that makes going through security screening a little smoother is alerting to the screener (before your liquid items go through the screen process) that you are traveling with a small child/children and you have liquids packed in this bag, and ask if they would like you to do anything different with the bag and it also prepares the screener for what will be coming through.

#### Packing

**Clothing:** Packing clothes is relatively simple: a good rule of thumb is to pack a few more outfits than your baby would go through at home, and remember it never hurts to pack a few extra pajamas, socks and onesies! For extended trips, you may want to check with your lodging provider to see if they have laundry facilities. What you spend doing laundry you will easily save in excess luggage fees.

<u>Packing Cubes</u>: gives great packing tips and how to use the cubes. And you can buy them anywhere Amazon seems to have the most links for them.

**Diapers and Wipes:** For the majority of destinations, it is safe to assume that you will be able to acquire diapers, wipes, ointment, etc. once you arrive. But plan to pack enough for the flight or drive, plus a few extras for any unforeseen accidents or travel delays.

<u>GroVia</u> has a great hybrid cloth disposable diaper. You can pack 50 diapers in a suitcase pretty easily. They are eco-friendly and have great reviews for absorbability too!

**Toys:** Traveling without toys to occupy your child will inevitably result in disaster. Pack a wide variety to keep baby distracted along the way, including old stand-bys and a few new surprises! Avoid bringing noisy toys or items that could prove annoying to fellow travelers.



To increase playtime and fun, consider wrapping a few small new toys that that can be unwrapped and introduced one at a time; items do not need to be expensive but should be able to hold your child's attention for an extended period of time (i.e. doodle pads, coloring books, magnetic games and puzzles)! Children's headphones with noise control – adult headphones are too big for little ears and do not have noise control which can damage little ears. Consider a pair of earphones made specifically for children.

They are sold in a variety of price ranges and styles. If you do have a beloved noisy toy, maybe you can bring it along, just check to see if it has an audio jack, or in a pinch, cover the speakers with painter's tape (a great tip for annoying toys as well!)

**Gear:** The less gear you need to haul, the happier you will be so look for items that can serve multiple purposes (i.e. a car-seat that converts to a stroller, a pack and play that can be used as both a play pen and for sleeping etc.). You may also wish to consider renting some larger items.

#### **LIGHTENING THE LOAD**

Packing for a family getaway can be overwhelming, particularly if you have toddlers and young children in tow. Even if you successfully manage to remember everything you will need, fitting it all into a vehicle or lugging it all through an airport and checking it for a flight can be difficult, expensive, and time consuming.

Instead of bringing along everything you will need, consider renting large items (strollers, car seats, high chairs, etc.) when you arrive at your destination. The largest baby and child equipment rental service in the US today is <a href="Baby's Away">Baby's Away</a>. You can also find an extensive list of independent local vendors here (covers all 50 states and Washington DC as well as Canada). An additional benefit of renting equipment is that it gives you an opportunity to try out items you may not yet own, but are thinking of purchasing (such as premium jogging strollers, exersaucers, or jumpers).

In addition, some hotels will actually provide cribs, bedding, and collapsible play yards upon request. Check with your hotel to see what custom accommodations are available!

For the ultimate in convenience, consider using a company <u>like Jet Set Babies</u> to have your baby essentials (diapers, wipes, bath essentials, food, booster seats, portable beds, etc.) shipped directly to your hotel. This will reduce your luggage load which could save you on excessive airline baggage fees!

#### Gear Recommendations

At Travel-Tot, we put safety first, so when we are packing up our kids we prioritize our packing list by these three things:

- 1. Safe Transport
- 2. Safe Sleep
- 3. Safe Play

Essentials at any Age:

**Car Seat:** That seat needs to go wherever your baby goes. First, it is always the safest option to properly buckle in your child to a safety restraint.

The FAA strongly urges parents and guardians to secure children in an appropriate restraint based on weight and size. Keeping a child in a <a href="mailto:childrestraint system">child restraint system</a> (CRS) or device during the flight is the smart and right thing to do.

There is only one restraint system the FAA recommends, the CARES, This weighs only 1lb and is FAA certified from take off to landing. It installs in 1 minute while the child sits in the seat. This also prevents little legs from reaching the seat in front of them. <a href="https://www.kidsflysafe.com">www.kidsflysafe.com</a>



While the FAA recommends using a airplane specific restraint system (one not approved for motor vehicles) they also ask that you check that your carseat or harness-type restraint is approved by and has "FAA Approved in Accordance with 14CFR 21.305(d), Approved for Aircraft Use Only" on it.

Also be sure to measure the width of your CRS. It should fit in most airplane seats if it is no wider than 16 inches. Remember that any harness system should be placed in a window seat so it will not block the escape path in an emergency.

<u>Click here for a video by the FAA</u> on installing a forward facing child restraint.

For more information and recommendations from the FAA, <u>click here</u>.

**Bed:** Because, no snooze means we all loose! Have a safe comfortable place for your baby to sleep is essential. Call ahead to your destination and see if they provide a crib or pack-n-play or bedrail depending on the age of your child. Most destinations will have something, but if you are staying with friends or relatives and they don't have this essential item you have a few options. The first option is of course, you can pack your own from home. Your second option is to use a rental company. They will deliver, set up and pick up.

Lastly, if all else fails, you can consign an item, this option takes a bit of leg work, but if you are going to be staying at your location for a good length of time, a few nights of good sleep will certainly be worth it. While staying at a rental home, one travel-tot family purchased a pack-n-play from a consignment shop and then donated it to the property for future families staying at that home.

**Childproofing:** We built Travel-Tot's Travel Childproofing Kit to provide families with the only temporary, most compact, complete, affordable way to childproof your vacation destination. You will be hard pressed to find a hotel that offers any type of childproofing in a room, and if you do it at home, why not do it when you roam??



**Travel Stroller:** A small stroller with a tray, basket and reclining seat may save you in a pinch. It's a place to eat a snack, play with toys, take a nap and gives you a place to unload. Also, if you are going to a sunny location don't forget a sunshield. Kiddopotamus makes the <u>Ray Shade UV protective stroller shade</u> which is a life/skin saver when little ones are out and about during the heat of the day.

# Renting Baby Gear

Renting baby/toddler gear is a great way to reduce stress when traveling with children! How often have you been packing for a family trip and wished you didn't have to haul so much gear around? Children's gear can be cumbersome and takes up a tremendous amount of valuable space. Add to that the hassle of reassembling it all when you reach your destination and you have a stressful start to your get-away - not exactly the relaxing escape we all dream of; but gear is a way of life for the safety-conscious parent. Renting offers the perfect compromise; safety with the convenience of delivery and assembly!

Here are a few guidelines for renting gear:

- Get all pricing information up front, including rental fees, delivery charges, fuel surcharges, set-up fees, late fees, and cancellation fees and policies.
- Be certain to clarify what type of equipment you will be getting.
   Different companies may define "toddler bed" or "portable crib" differently don't be afraid to ask questions to ensure you will be getting the gear you need!
- The renter should be able to provide you with the manufacturer's recommendations regarding age, height and weight for whatever product(s) you may require.



- Be certain to verify that the company checks for equipment recalls.
   Even if they do, it never hurts to double-check, so always get the make and model of the equipment so that you may check for yourself at <a href="http://www.recalls.org/">http://www.recalls.org/</a>.
- Also, verify that their products are JPMA Certified. JPMA is the leader in product safety and usage; certification information is available at <a href="http://www.jpma.org/">http://www.jpma.org/</a>.
- Ask about the company's cleaning and safety-assurance procedures.

Bottom line: renting can save you time, hassle, and may even be cheaper than bringing your own items from home (once you factor in excess baggage fees, etc.) - so check out rentals for your next family adventure!



#### **ONCE YOU'VE ARRIVED**

Chances are, you would never dream of placing your child in a vehicle without the proper restraints system, yet the dangers in the average hotel room can present just as serious a threat to your child's well-being. Travel with young children is fraught with challenges, and the adventures aren't limited to whatever amazing attractions you might be visiting together; to a young child any new space constitutes an opportunity to explore!

One of the most unnerving things about traveling with young children is not being able to predict how they will behave in unfamiliar surroundings. Young children are naturally inquisitive, and often quite fearless – a dangerous combination for exploring new spaces without adequate supervision.

This scenario is exactly what inspired the founders of Travel-Tot, LLC (<a href="http://www.travel-tot.com">http://www.travel-tot.com</a>) to create their temporary, Travel Child-Proofing Kit. The kit features an assortment of childproofing devices, and the components that require installation are all secured with strong, temporary, 3M adhesive strips so that they can be removed (without damage to surfaces) and re-used. The extra layer of protection the Travel Child-Proofing Kit offers can be the difference between life and serious injury or death; and can also afford parents a small measure of peace-of-mind. While no childproofing measure is a substitute for adequate parental supervision, having your hotel room child-proofed can help relieve the constant stress associated with keeping your child(ren) away from every potential hazard. Below is a quick checklist of steps you can take to help add a layer of protection between your child(ren) and the hazards that await them in hotel rooms, motel rooms, or even grandma's house.



# Tips for Child-Proofing Away from Home

Investing just fifteen minutes to inspect and childproof your room can considerably decrease the odds of your child injuring themselves on unsecured doors, outlets, drawers, sharp corners, or cords. Here are some simple steps you can take to make your home-away-from-home safe and relaxing:

- Get down on your hands and knees and explore the room from your toddler's perspective; be sure to thoroughly check under beds and furniture for stray pills, buttons, pins, or other items that could pose a poisoning or choking hazard.
- Make sure that if you are using a hotel-provided crib that it is up to standards with the Consumer Product Safety Commission: slats should not be more than 2 3/8 inches apart and all sides should be fixed (no drop sides).
- Whether using a hotel-provided crib or a port-a-crib from home, remove pillows, toys, or blankets that may cause suffocation or strangulation.
- Never leave your child alone in the bathroom.
- When giving your child a bath, the water should not reach more than 120° the ideal temperature is between 96° and 100°.
- Unplug electrical appliances (i.e. hairdryer, razor, etc.) and store them in a locked drawer or cabinet.
- Ensure that the bathtub floor has a non-slip surface or that there are non-slip mats or decals available.
- Keep hazardous products out of the reach of children (i.e. mouthwash, shampoo, cosmetics, medications, etc.).
- Bring and install some basic childproofing gear.



- Secure blind cords which pose a choking hazard to little explorers.
- Keep low cabinet doors shut with straps to reduce risk of injury.
- Secure corner guards onto furniture to provide protection from possible falls.
- Place pinch guards on interior swinging doors to prevent finger pinches.
- Install guards on sliding doors to prevent access and injury.
- o Insert outlet covers into unused outlets to prevent accidental electrocution.
- If your little traveler is curious about the toilet, place a doorknob protector on the handle to prevent unsupervised access.
- A great all-in-one solution to childproofing your guest room is the compact, user-friendly <u>Travel Childproofing Kit</u>, the kit features an assortment of childproofing devices which are installed with temporary, non-damaging adhesive strips that go on strong, but come off clean when it is time to pack up.
- Ensure that all locks and latches on exterior doors are in working order and secure them to prevent unsupervised access to stairs, balconies, and terraces.
- Keep furniture away from doors and windows to prevent access to locks and accidental falls.
- Finally, be sure to arrange the furniture in a way that allows for some play space; a room full of "no-nos" will result in bored and irritated toddlers, which will lead to stressed and anxious parents!



# Grandparents and Childproofing: "The Talk"

Sadly, many new parents say they don't want to bring their children to stay at grandparents' homes because there are so many hazards and the space generally lacks basic childproofing. So how do you tell your parents (or in-laws) that you don't want to visit because you fear for your child's safety? Delicately, but firmly.

As kids, we all cringed when our parents delivered the "there comes a time..." talk to us. No matter the topic (money, driving, sex, friends, etc.) it all came down to one simple lesson: accept personal responsibility for keeping yourself and those around you safe. As parents, they had the benefit of the most up-to-date information on how to prevent the tragedies that could happen, so it truly was in our best interest to heed their advice (even if only grudgingly).

The same principle will apply when you have "The Talk" with your own parents (and in-laws) as a parent yourself. In years past, young parents relied upon their own parents' experience almost exclusively to determine their parenting practices; however, the dawn of the information age has expanded the available knowledge base for new parents and has helped raise awareness of methods for keeping infants and young children safe (not to mention the medical and technological advances that made over the last 30 years!).

Heartbreaking statistics show that accidents remain the leading cause of serious and fatal injury to young children; changing everything from the way we select car seats to how we childproof our homes.

Sharing this information, along with your concerns for maximizing the enjoyment of visits by minimizing the stressors, can help ease the discussion's tension. Below are two common scenarios you may encounter and suggestions for diplomatic responses.



#### Scenario:

The "we raised you without all that stuff and you lived" mentality. It's true, anyone reading this survived childhood, perhaps with just a few bumps and bruises, or perhaps with more serious injury; but why gamble with any child's safety?

#### Tactics:

Assure your parents that you are not attacking their parenting style or ability; share with them that by taking a few simple steps to childproof their home they would have more fun with their grandchildren because they would spend less time saying "no" and more time enjoying the visit. Also (but only if its true!) let them know that childproofing would increase your comfort level during visits and may result in more frequent visits!

For resistant parents, offer to bring your own childproofing supplies and take them with you when you go; it may be cumbersome, but it's worth it if it helps smooth familial tension.

If they are truly resistant, suggest visiting at a park or in your own home instead; not ideal, but you have to stand up for your child(ren)'s safety - you would never be able to forgive yourself if your child(ren) suffered injury or death because you acquiesced to save someone hurt feelings.



#### Scenario:

Your parents or in-laws don't understand, don't have space for, or cannot afford "all those fancy gizmos."

#### Tactics:

As mentioned above, you can transport and install your own safety items each time; or, consider offering to buy a childproofing kit, like the compact one developed by Travel-Tot, featuring an assortment of outlet covers, corner guards, pinch guards, and cabinet/door securing devices to be stored at grandma and grandpa's house for visits (minimizing what you need to carry along)! One of the nicest features of Travel-Tot's Travel Childproofing Kit is that the adhesive is temporary, so it goes on strong, but comes off clean without damage to finishes or furniture!

When you confront your parents or in-laws, firmly, but politely make it clear that while you do want to be able to share the joy of their grandchildren with them, but your child(ren)'s safety is your priority. Precious few bonds are as important as those between children and grandparents; and those bonds will only be strengthened by having open and honest lines of communication about important issues like safety.

# Car Seat Safety

Often families get so caught up in the planning, packing, and preparations for a family getaway that they don't remember that their mode of transportation may not already be child-safe. Airplanes, taxis, and loaner vehicles are rarely equipped with properly installed safety devices; so what is a parent to do?

Bringing your own car seat or booster is one option! There have been great strides made in developing safety seats that can be easily transported when not in use.



For example, The Car Seat Lady recommends several fabulous options ranging from infant carriers that easily snap to compact strollers to combination stroller car seat/booster options. These are great because they not only offer a safer seating option for flights or other vehicular transport, but they can be rolled (with a child it in!) through expansive airports or along sidewalks to taxi or bus depots; freeing up parental hands, and saving backs and sanity!

If you forget or cannot bring your own car seat or booster, rental car seats are another option. If the taxi or rental car agency offers to provide a safety restraint seat for your child, be certain to check that it is appropriate for your child's age, weight, and height. Also be certain it is properly installed and that it is in working order with no broken straps or latches. The National Highway Traffic Safety Administration website (<a href="http://www.nhtsa.gov/Safety/CPS">http://www.nhtsa.gov/Safety/CPS</a>) provides a fabulous page with age-appropriate safety seat guidelines if you are unsure of what type of seat to request.

# Out and About: Separation Anxiety!

According to the Center to Prevent Lost Children, 90% of parents will experience losing a child in a public place, yet fewer than 1 in 10 parents put some form of identification on their child. As any parent can tell you, it takes no more than a few seconds for a child to wander out of eyesight and potentially into danger. Before the age of three many children do not know their full names, their parent's names, phone numbers, addresses, medical conditions, or allergies. If they were to become separated from their parent, they would have no way to communicate this information in an emergency or to help locate their mother, father or other caregiver.

Thankfully, there are some terrific products that can help ease your worries and ensure that your child is carrying identification and contact information if you happen to become separated. We simply love the following products:



The Kids Travel Card: Child Safety ID Cards help authorities easily and quickly establish positive identification of your child. The KidsTravelCard contains your name and contact telephone numbers, an additional emergency contact with relationship and phone number, your child's specific personal information, as well as any vital personal or medical information you feel might be important to include. The card can even be customized with "trip specific" information! Four removable adhesive labels come with the Photo ID badge where you can write information for a specific event and then remove the label afterwards. Each KidsTravelCard comes with a soft cloth "break-away" lanyard for comfort and safety.

<u>Wearable ID Products by My Precious Kid</u>: This company carries a wide variety of wearable identification products (everything from bracelets and shoe tags to dog tags). They also feature a number of electronic child locator devices.

#### Wearable ID Products and Parking Pal Magnet by Chicks and Cubs:

This company carries an extensive line of wearable identification products (everything from bracelets and shoe tags to dog tags). They also feature The Parking Pal Magnet, which works great to aid you in your child's safety in parking lots. Telling a child to keep his or her hand on the magnetic hand can give you the chance to get things out of the car or put things in without them running into the roadway.

BrickHouse Child Locator by BrickHouse Security: The BrickHouse Child Locator gives parents piece of mind in a way that simply has not been possible before. The instant your loved one wanders too far, the handheld locator will instantly notify you with loud beeping, vibration and directional guidance all at once. Perfect for younger or special-needs children, helps take the weight of worry off your shoulders by alerting you the second they wander - not a moment too late. As an added precaution, a Panic Tag with new "click" technology is included for your child to press alerting you they feel in danger.



<u>Safety Tattoos by Safety Tat</u>: SafetyTat is a fun and colorful kids temporary safety tattoo. When applied to the arm of your child or loved one, SafetyTat provides a highly visible form of identification that stays in place even when wet!

Travel-Tot also loves this tip submitted by a longtime friend and nurse: Put a blank label with emergency contact info on bucket car seats in case you are ever in an accident with your infant. That way a loved one can be called to take care of your child rather than social services in the event that you are incapacitated. <u>Download a template here</u>.

All of these products and suggestions give your child a "voice" in the event that you become separated, which can not only help ease anxiety, but which can facilitate a quick and safe return.



#### **BON VOYAGE!**

There are fewer things more bonding or fundamentally educational than traveling. Exploring new places, eating new foods and learning new customs allow all people, big and small, to see beyond boundaries of their daily routines and expand their view to the great, big, beautiful planet we call home. Sharing that eye-opening travel experience as family helps create special memories that fuel a family through grinds and trails of life.

The benefits of travel are not restricted by the distance or glamour of the trip, but they come from the adventure of reconnecting with those who are closest to us and sometimes reconnecting to ourselves and seeing who we are and not just the things we do. One of our favorite trips was visiting friends who had moved away. We spent 3 days swimming in their pool, cooking together, laughing and relaxing. It is a precious memory that will last a lifetime. Travel looks different for each family, but the important thing is to go for it. Plan some adventure.

We at Travel-Tot are committed to traveling with our families and in the process making it as relaxed, fun and safe as it can possibly be. We know first hand that not every trip goes according to plan, but planning helps us get the most out of our precious time together. And, we hope that in the planning you consider safety, because prevention is so much less expensive than recovery.

Please send us your questions, success stories and pictures from your trip we love to keep in touch with our travelers. That leaves me with only one question, where are you going next?

-Wendy Bergstrand



# HANDY DANDY TRAVEL CHECKLIST

The following is a list of items we have found come in handy when traveling with our children! Use Your Stay: ☐ Travel Childproofing Kit this as a check list as you're ☐ Lovie packing for your next adventure! ☐ Toddler/Childs toothpaste/ toothbrush Diapering: □ Diaper Bags Outdoor: ☐ Compact Wipes ☐ Baby carriers ☐ Hand Sanitizers ☐ Portable strollers ☐ Large use disposable pads Sunscreen Eating: Toys/Entertainment: ☐ Food and Bottle Totes ☐ Portable DVD players ☐ Sterile Ready to Use Disposable ☐ Travel books - Cars, planes, trains ■ Baby Bottles □ DVD's Food containers/Take and Toss ☐ Flatware/Snack containers Auto: ☐ Thermal Totes ☐ Window Sun Shades ☐ Portable Travel Chairs/Boosters ■ Baby View Mirror ■ Disposable Eating Mats ☐ Travel Melodies/CD's ☐ Bibs/burp cloths ☐ Auto DVD players/DVD's ☐ Car set protectors Sleeping: ☐ Car seat caddies ☐ Pack N Play plus essentials ☐ Infant Travel Beds/Cribs Airplane: ■ Bedding □ Car Seat Travel Bag ☐ Snack and Play Travel Tray ☐ Airport Gate Check Stroller Bag ☐ Changing Stations/pads ☐ Car seat backpack ☐ Pacifiers



■ Wheelie Car seat Travel Bag